



**Centus**



**SUSAN'S SCHOOL COUNSELING**

**A CENTUS PROGRAM**  
COUNSELING • EDUCATION • COMMUNITY

# **2021-2022 ANNUAL REPORT**

**CENTUS COUNSELING CONSULTING AND EDUCATION**

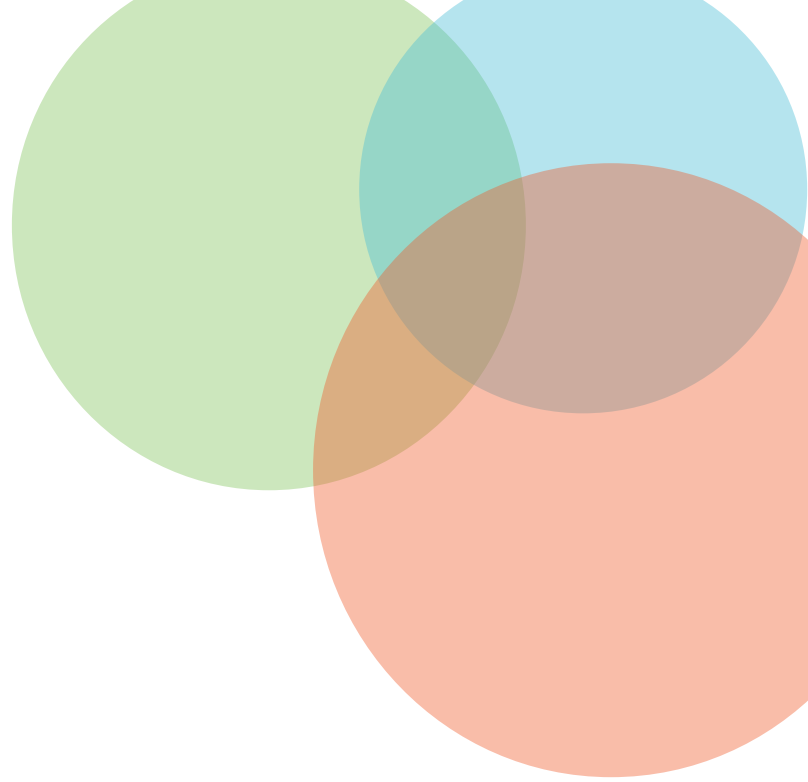
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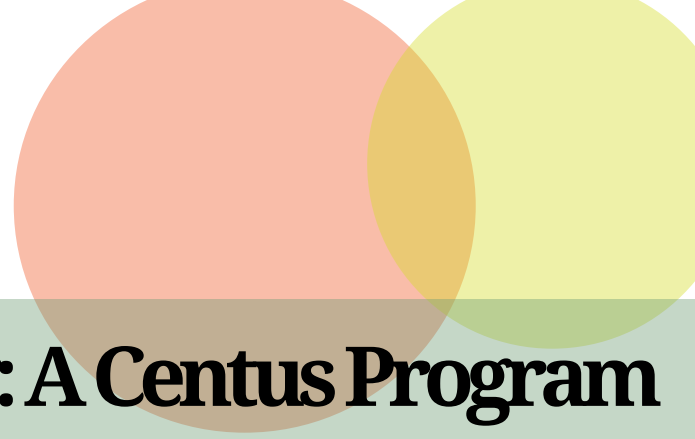
**Centus Counseling, formerly the Samaritan Counseling Center, was founded in 1982. This year, 2022, marks our 40th anniversary and the launch of our 41st year of service.**

**40  
YEARS**

Today Centus has three programs, School Counseling, Outpatient Services & a new Spiritual Direction service. These programs continued to respond in robust ways to the multiple stressors being faced by the individuals and families we are privileged to serve. Read more to see how the year unfolded!



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# Susan's School Counseling: A Centus Program

The Centus School Counseling Program was founded in 2010 by Dr. Susan Shamos. At that time, she was a Psychologist on the staff of the Centus Outpatient Program. Susan had a vision and passion for offering mental health services both in schools with high numbers of low-income families as well as contexts that included cultural diversity. The first two schools served with whom we remain engaged are St. Elizabeth's Episcopal School and Escuela de Guadalupe. Today we also serve at Rocky Mountain Prep – Creekside, Montclair Elementary, and McAuliffe Manual Middle School.

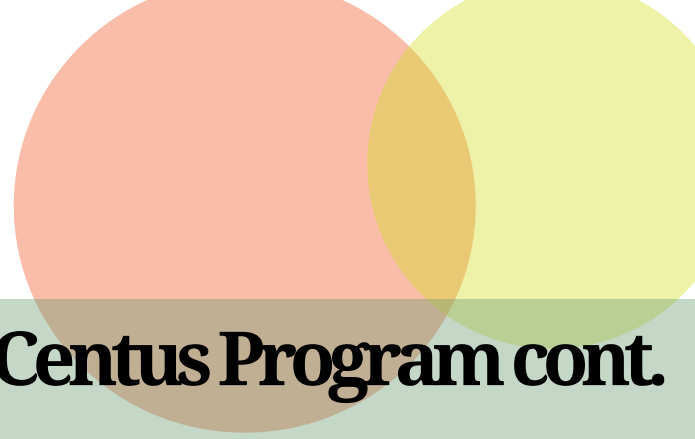
**WE ARE PROUD THAT TWO ADDITIONAL SCHOOLS WILL BE SERVED IN THE 2022-23 SCHOOL YEAR, BRINGING THE TOTAL TO 7 SCHOOLS AT WHICH CENTUS WILL BE PROVIDING DEDICATED SCHOOL CLINICIANS. THE TWO NEW SCHOOLS ARE NEWLON ELEMENTARY AND THE DENVER JEWISH DAY SCHOOL.**

OF THE 5 SCHOOLS SERVED IN THE 2021-22 SCHOOL YEAR STUDENTS QUALIFYING FOR REDUCED OR FREE LUNCH AS A MEASURE OF FAMILY INCOME RANGE FROM 40% TO OVER 80%

SCHOOLS ARE ON THE FRONT LINE OF PROVIDING MENTAL HEALTH COUNSELING SERVICES TO YOUNG PEOPLE. THE SCHOOLS WHERE CENTUS PROVIDES MENTAL HEALTH COUNSELING REGULARLY AFFIRM THE IMPACT OF THE SUPPORT PROVIDED LEADING TO IMPROVED EMOTIONAL REGULATION, SOCIAL RELATIONSHIPS, AND ACADEMIC PERFORMANCE. THE 12 YEARS OF OPERATING THE SCHOOL COUNSELING PROGRAM HAVE ALSO UNDERSCORED THE IMPORTANCE OF PROVIDING PSYCHO-EDUCATION OFFERINGS AND SUPPORTING THE DEVELOPMENT OF A CULTURE OF MENTAL HEALTH AWARENESS WITHIN OUR PARTNER SCHOOLS. OUR FOCUS ON MENTAL HEALTH PROGRAMMING FOR CHILDREN AND ADOLESCENTS LEADS TO IDENTIFYING AND ADDRESSING DEVELOPMENTAL, BEHAVIORAL, OR SOCIAL PROBLEMS EARLY TO SUPPORT LIFELONG SUCCESS. CONSULTING WITH AND SUPPORTING TEACHERS AROUND MENTAL HEALTH BEST PRACTICES IS A KEY COMPONENT, AND WE ALSO OFTEN PROVIDE SUPPORT TO FAMILIES OF THE STUDENTS WE SERVE.



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# Susan's School Counseling: A Centus Program cont.

The Centus School Counseling Program places experienced counselors & social workers in schools with the stated goal of providing accessibility to high-quality mental health services for students. Our program promotes student development & achievement, while also equipping parents & teachers with knowledge and skills that help students thrive both in and out of the classroom. On May 24th the Annual

“Counseling for Kids” Luncheon, held at the Denver Art Museum, honored our Program Founder, Dr. Susan Shamos. At this event we named Susan as Director Emeritus and honored her legacy by officially renaming the program “Susan’s School Counseling: A Centus Program.” Susan’s School Counseling is focused on preparing young people to live vital, healthy lives! Please click on the link below to view the video honoring Susan that was presented at the luncheon.

<https://vimeo.com/677511334>

## CENTUS SCHOOLS

Escuela De Guadalupe  
St. Elizabeth's Episcopal School  
Rocky Mountain Prep - Creekside  
Montclair Elementary  
McAuliffe Manual Middle School

## CLINICIANS

Susan Shamos, PhD-P - Director Emeritus  
Kira Colgan, MS, LMFT-Co-Coordinator  
Georgia Angelo, LCSW-Co-Coordinator  
Dawn Crosswhite, LCSW  
Claudia Luna-Asturias, MSW  
Jaclyn Gorman, MSW  
Shauna Perry, LPC  
Alex Valencia, LPCC



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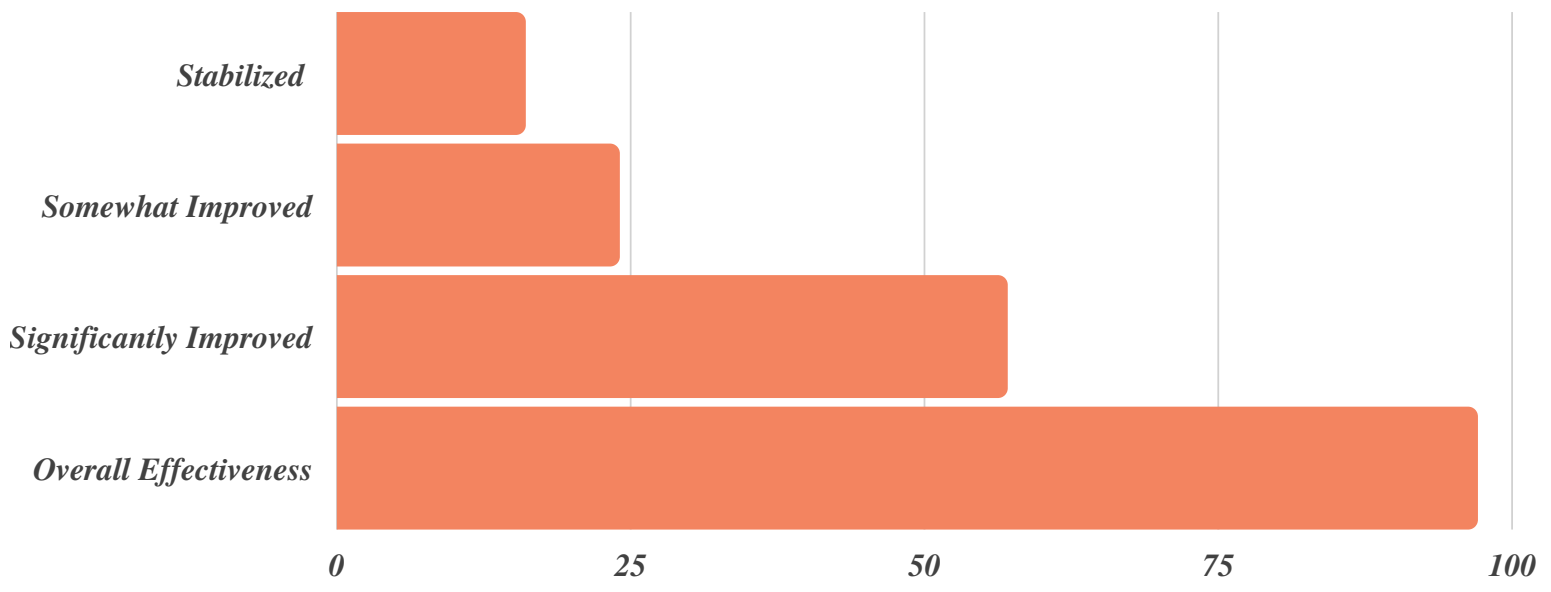
# Susan's School Counseling: A Centus Program cont.



During the 2021-22 school year Centus School Counselors provided over 550 clinical hours monthly in 5 Denver schools. This volume of services represents a 19% increase over services offered in the 2020-21 school year. Between counseling, groups, classroom presentations, and informal support Centus School Counselors connect with nearly all the 1,600 students in these schools annually.

## Clinical Outcome Measurements

Clinical outcome measurements utilized demonstrated that 57% of students served directly experienced significant improvement, 24% were somewhat improved, and 16% remained stable as a result of the support received. During these stressful times, even the students who received support that allowed them to experience stability is a success worth noting. This overall effect size puts Susan's School Counseling impact in the "highly effective" range. These results also reflect that 97% of clients served either improved or stabilized through the vital support offered.





# The Centus Outpatient Program

## OUR HISTORY

The initial Denver Samaritan Center opened January 4, 1982 at the Wellshire Presbyterian Church. A second Denver Samaritan Center opened January 1, 1987, at Good Shepherd Episcopal Church. On March 15, 1988, these two programs merged to increase their cost-effectiveness. Fifteen years ago, on July 17, 2007, the Denver Samaritan Counseling Center officially began doing business as CENTUS Counseling, Consulting and Education in an effort to reflect its commitment to the multi-faith, multi-cultural community that metro Denver has become.

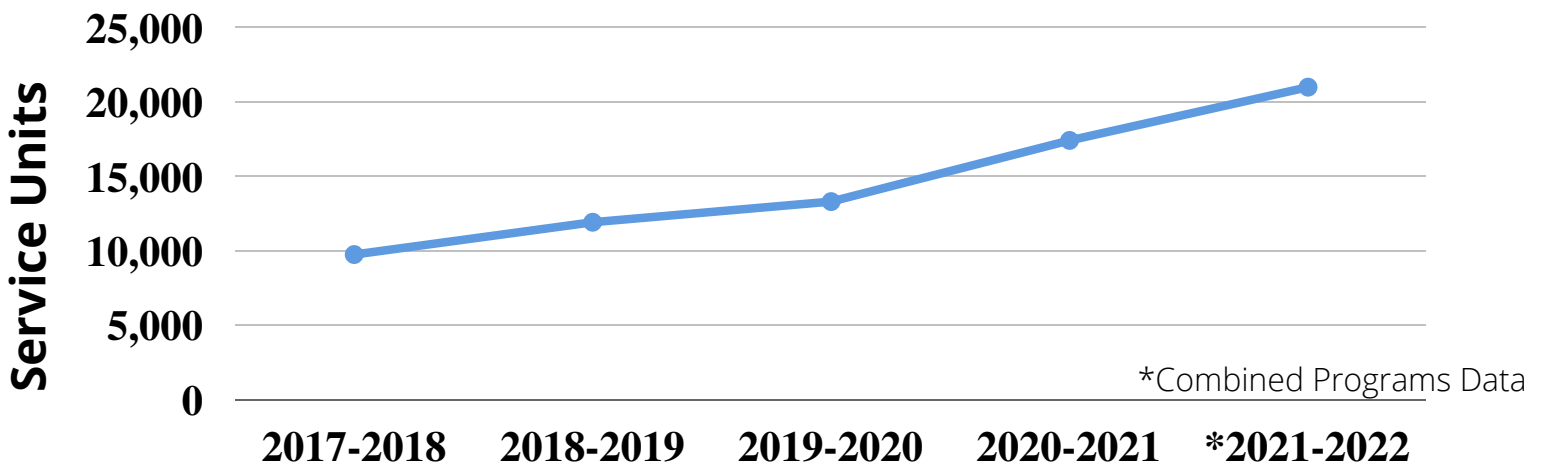
**Centus' core service is mental health counseling**

**The most common concerns we work with are trauma, depression, anxiety, adjustment disorders and addictions.**

**Individuals, couples, and families come to us with loss, grief and relational or life stressors that have become too difficult to manage.**

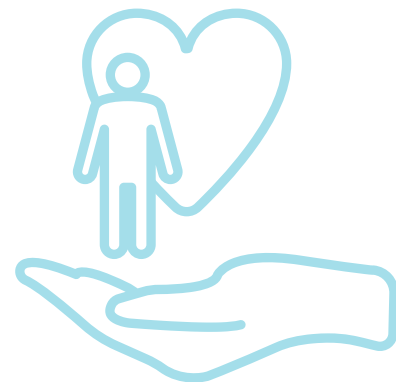
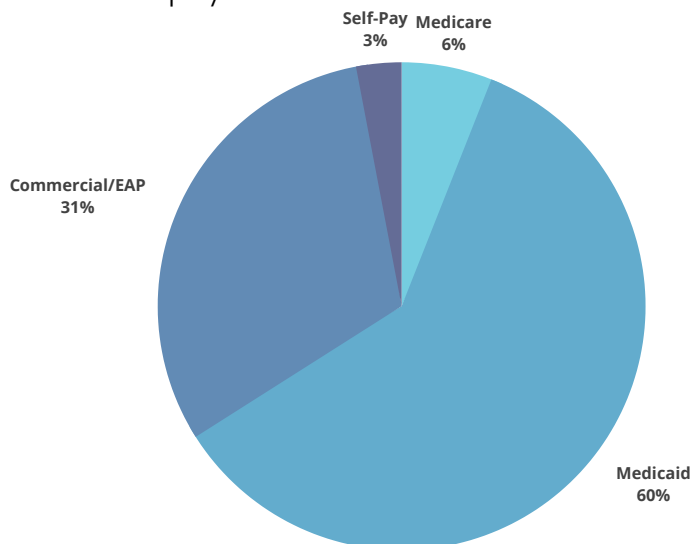
# The Centus Outpatient Program

We provided 15,923 outpatient counseling service units in 2021-22 serving nearly 2000 clients. Centus also provided 5,363 units of service through our school program caring for the 1600 students in the schools we serve, in addition to supporting families and school staff members. With both Centus programs combined in 2020-21 we provided a total of 20,986 units of clinical services.



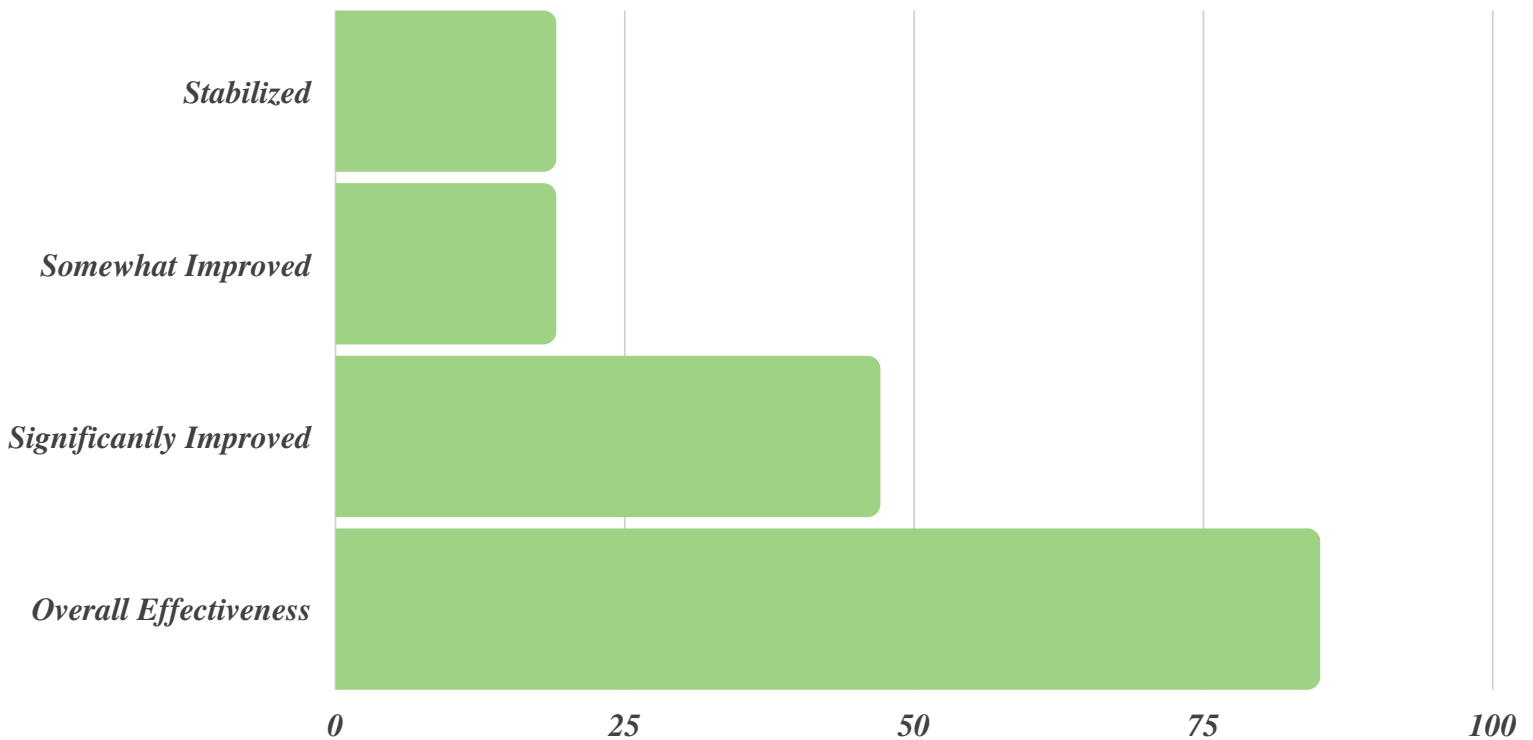
## Clients Served in 2021-22

In 2021-22, 60% of clients served had Medicaid coverage, 31% had insurance or EAP benefits, 3% were self-pay, and 6% had Medicare coverage. Throughout the Pandemic most clients have been seen through tele-behavioral health services. During this year our school staff were all back on site in person, and outpatient services were slowly returning to some office and community-based services. For the outpatient counseling services all sources of payment combined covered 95% of the cost of providing quality behavioral healthcare.

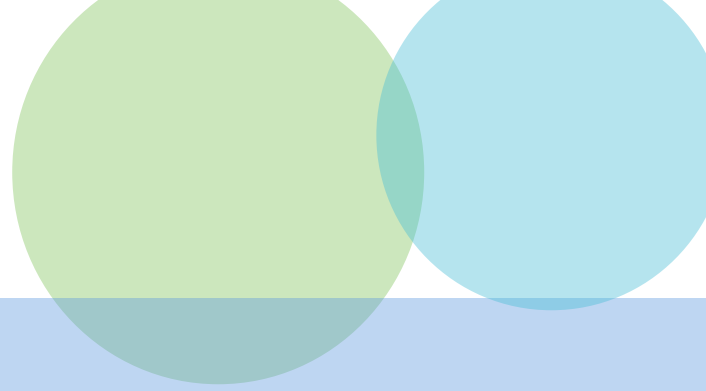


## CLINICAL OUTCOME MEASUREMENTS

During 2021-22 clinical outcome measurements used in our Outpatient Counseling Services demonstrated that 47% of clients served experienced significant improvement, 19% were somewhat improved, and 19% remained stable as a result of the support received. This overall effect size puts Centus outpatient counseling services in the “effective” range. We also recognize that many of the clients we serve have encountered unprecedented stressors during the past year and affirm both measurable progress and stability as meaningful, impactful outcomes of the support received. These results reflect our overall effectiveness to be 85%.







OUR 25 CENTUS CLINICIANS ARE ALL EXPERTS AT EVIDENCE-BASED COUNSELING AND PSYCHOTHERAPY AS WELL AS THE USE OF SPIRITUALLY INTEGRATED TREATMENT APPROACHES.

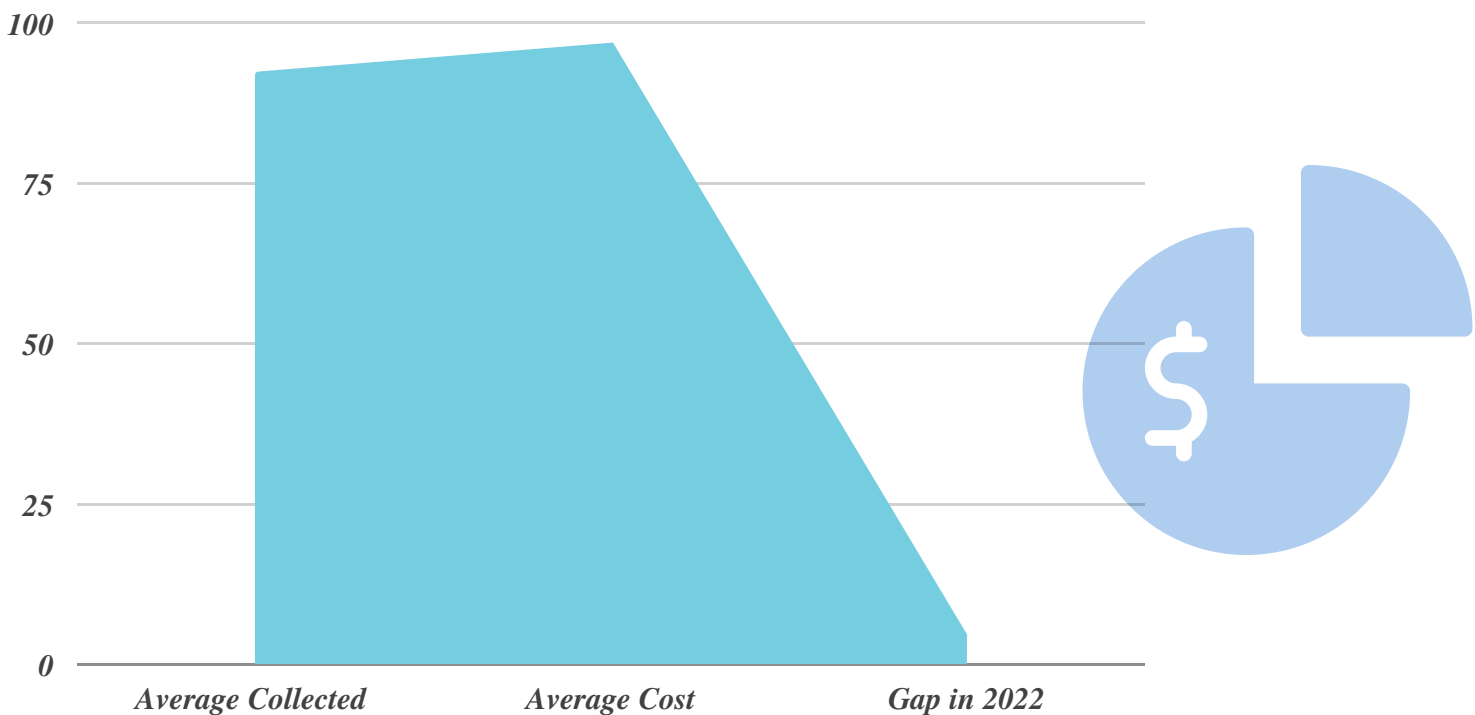
COMMUNITY PARTNERS INCLUDED 17 LOCAL CONGREGATIONS, AND FIVE SCHOOLS IN 2021-22. PSYCHO-SPIRITUAL EDUCATIONAL OFFERINGS WERE PROVIDED FOR COMMUNITY PARTNERS SERVING OVER 200 PARTICIPANTS.

SPIRITUAL DIRECTION IS A NEW SERVICE BEING OFFERED AT CENTUS COUNSELING. OUR STAFF SPIRITUAL DIRECTOR IS THE REV. DR. MARK KILLMER WHO IS TRAINED IN BOTH INDIVIDUAL SPIRITUAL DIRECTION AND GROUP CONTEMPLATIVE LEADERSHIP. HE CAN BE REACHED AT [MKILLMER@CENTUS.ORG](mailto:MKILLMER@CENTUS.ORG) OR BY CALLING 303-225-9431.



# Outpatient Program Funding

For every counseling session, funds need to be raised through events, grants and from individual donors to cover the actual cost of counseling. In 2021-22, as in each year, 100% of our Board of Directors donated significant time, talents, and financial contributions to lead our efforts to support the \$1,534,499 cost to provide outpatient services. During 2021-22 the average collected fee was \$91.87 and the average cost to provide a session was \$96.37 leaving a gap of \$4.50 for each of our 15,923 sessions. So, the total amount of support needed to fill this gap in 2021-22 was \$71,654. This gap has been reduced over the last 5 years due to rigorous financial oversight, economies of scale, and billing efficiencies that have been realized. In addition, negotiations with third party payers, based on the empirically validated high quality of services, has yielded higher reimbursement rates.



## RETURNING TO OUR ROOTS

When Centus was founded in 1982 our name was The Samaritan Counseling and Training Center. During 2021-22 a Board & Staff Work Group was formed to develop a plan for a Training / Residency Program. The decision was made to expand the role of Denise Magoto, LPC, LAC, to be the Director of Training and Education including responsibility for launching a Residency Training program in 2023 for Master's level Clinician's with candidate level status, working toward their clinical licensure.

The intention of the program will be to hire Residents from diverse backgrounds with a passion for providing clinical care for under served communities. In preparation for this program Centus applied for and received designation as a Community Mental Health Clinic with the State of Colorado and is currently completing licensure as a Behavioral Health Entity. The designation and licensure from the State will allow the residents, under appropriate supervision, to serve clients covered by Medicaid. This training program will have a key focus on cultural engagement and spiritual assessment and integration.

# Centus Clinicians and Counseling Satellites, 2021-2022

## SATELLITES

## CLINICIANS

Peace With Christ Lutheran - Aurora	David Hay, M. Div., MA, LPC
Christ Lutheran Church - Highlands Ranch	David Hay, M. Div., MA, LPC
Wellshire Presbyterian - Denver	Patti West Schramm, LCSW Mollie Byington, LPC
Montview Presbyterian - Park Hill, Denver	Mark Killmer, Psy.D., LMFT - Spiritual Director
Shepherd of the Hill Presbyterian - Lakewood	Denise Magoto, LPC, LAC
Hope United Methodist - Greenwood Village	Jessica Burchinal, LPC
Boulder Mennonite Church - Boulder	Chris Woodward, LCSW
New Hope Baptist Church - Denver	Amber Smith, MA, M.Ed., LPC
Bethlehem Lutheran - Longmont	Chris Woodward, LCSW
First United Methodist - Loveland	Ann Price, LCSW
First Presbyterian Church - Englewood	Demelza Newman, LPC
Applewood Valley United Methodist - Golden	Kim Godell, MS, LPC
Good Shepherd Presbyterian Church - Northglenn	Georgia Angelo, LCSW Josh Parker, LCSW
University Park United Methodist - Denver	Rev. Marilyn Wolfe, LCSW Mary Mancinelli, LPC
Cameron United Methodist Church - Denver	Leta Herrington, D.Min., LPC
Broomfield United Methodist Church - Broomfield	Melissa Schwappach, LPC
St. John's Episcopal Church - Boulder	Linda LaGanga, Ph.D., LPC
Community-Based Therapists	Dawn Crosswhite, LCSW Melanie Taussig, LCSW

# Centus Leadership Team

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## Senior Fundraising Advisor

**GREG MOVESIAN**

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# Centus School & Outpatient Programs' Donors

**\$100,000+**

Colorado Access

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**\$60,000**

Caring for Denver Foundation

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**\$30,000**

Shamos Family Foundation

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**\$25,000**

Sharon and J. Landis Martin, UMB

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**\$15,000**

Judith Shine, Jenny & Greg Baldwin, Charitable Fund, Escuela De Guadalupe, The Anschutz Foundation

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**\$10,000**

Lyndia K. and Cannon Harvey, MDC/Richmond American Homes Foundation, Virginia M. Hill Foundation, Stephen S. Marsters, The Connie Burwell White and William W. White Foundation, Jack & Judith Pottle, Geoffrey Shamos, Merrill Shields, Ann Corrigan and Kent Rice, Merrill Shields and Ray Thomasson, Geoffrey Shamos and Genery Booster

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**\$5,000**

Ann Corrigan, Bethany Lutheran Church Foundation, Cardan Capital Partners, Carl Clark, MD, Sara and Kaakpema Yelapaala, The Colorado Trust, The Melvin and Elaine Wolf Foundation, Marilyn Wolfe, Paul Bretz, Kelly Arora Ph.D., Marsha Breit, Integrative Therapeutic Solutions LLC, Saint Johns, Cathedral First Plymouth Church, The Hon. Karen Brody, The Hon. Karen Brody and Mike Hughes

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**\$2,500**

Centus Counseling Education and Consulting, Chevis F. Horne, Gregory A. Movesian, Joy Dinsdale, Patricia Long, Dr Laura and The Rev Dr. Peter Terpenning, Montview Presbyterian Church, Wellshire Presbyterian Church, John & Jan Meck, Beth Pannbacker, Cynthia and Edward Kahn, The Rev. RJ and Ruth E. Ross, Barbara Frank, Chevis Horne and Jan Kennaugh, Gregory Movesian and Jack Finlaw



# Centus School & Outpatient Programs' Donors

## \$1,000

Elaine and Steve Berman, Elisabeth and Peter Jacobson, Elizabeth Steele, Humphreys Foundation, James Hankins, James M. Wilkins, Judi Wagner, Lindsay Daly, Nancy Stamper, Ramsay and Holly Stabler, Randall & Jeffrey Bellows, Ronni McCaffrey, Emily Haller, Kathy Hulse, J'Ne and Paul Day-Lucre, E. Jane & Price Schmitz, Ann and Hal Logan

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## \$500

Anthony Colarelli, Beth Cornell, Brooke Brown, Christine White, Danny Ballard, Iliff School of Theology, Jennifer Evans, Kinette Richards Ph.D., Nadine Cochran, Neil E. Lipson, Richard and Penny Hayes, Seth Bradley, Susan Weeks, The Presbytery of Denver, Tracey Campbell, Penny and Dennis Troutman, Margaret and Robert Fullerton, Kirsten and Eric Barnard, Janet and Bob Manning, David Johns, Gregory Carpenter, Harold Frey, Jeannie Ritter, Mary Mancinelli, Susan Noble, Intrado Corporation, Deanna Person, Jane Harper

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## \$250

Anita Khaldy, Brooke Young, Dorothy Lamm, Dr. Andrew Sirotnak, Elk River Wealth Management, GrahamGolden Technologies, Honey & Charles Goldberg, Janet White, Jessica and Jeffrey Pearson, John Walsh, Katherine Breit, Kathleen Winsor-Games, Kathy Hulse, Maeve McGrath, Ms. Robin Finegan, Patricia Mulligan, Rick and Margot Acosta, Suellen S. and Travis White, Susan and Greg Geissler, The Rev. James Laurie, Laurie Pechie, Kent Mueller, Ann Zweig, Brian McDevitt, Destinee Perkins, Dr Carol Lay, James and Karen Esten, Jane and John Baker, Mary & Tom Rogers, Mary Polce, Peggy Brannick, Peter Rice, Richard Jaworowski, Walter McCoy, Zander & Emily Baron, Susan and Greg Geissler, Kimberly Johnson, Barbara and Charles McKay, Becky Cunningham, Jaclyn K. Solt, Jody Will, Kirklyn Simonton, Mary Burbridge, Pat Loewi, Cindy Wells, Arlyn Baak, Celeste and Hal Richardson, Christine Wester, Pat and Ed VanBramer, Andrew Marsh, Ann Gallagher, Betty and George Luce, Brian Miserlian, C. Howard & Dorsey M Johnson, Chryse and Steve Hutchins, David Hay, Freddie Whiting, Jane Bolton, Jennifer Macy, Jennifer Paquette, Karen Sather, Kathleen and Kent McCall-Thompson, Kenneth Van Riper, Kirsten Swart, Liane Clasen, Linda LaGanga, Mariella Robledo, Megan and John Kemper, Michael Loeb, Michelle Galuszka, Mike Sophir, Patti Marks, Peter Bernstein, Rachel La Grandeur, Robert M. House, Sandra Parker, Sandra Stenmark, Seth Bradley, Sondra Plachy, Sue Gallanter, Tasha Jones, Tonette Baruti, H.C. Godell, Melanie Taussig, Gordan Kieft, Adrienne Mansanares, Brooke Brewer, Debbie Colgan, Demelza Newman, Eloise May, Erin Castro, Jane Wiltshire, Julie Pribble, Kaye Siemers, Melanie Thompson, Melissa Schwappach, Patricia Cox, Patricia Heiserman, Patti Schramm, Susan Hayes, Polly Donald, Dan Levitt, Helen Barron, Janet Spomer, Pearl Prudhomme, Peter VanderPlueg, Sigrid H and Richard Freese, Violet Mantell, Christine Schmidt, Marsha Harman, Kelsey Cochrane, Lura Williams

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